

PAID CAREER TRAINING FOR TEENAGERS: LEARN TO FARM!



WHO: Wake County teens ages 15-18 in who are interested in farming or growing food (no previous experience is necessary)

WHAT: We are looking for **Young Farmer Training Program** apprentices and interns for our 2011 programs. Learn how to grow, cook, and sell delicious food!

WHERE: On our six-acre Raleigh farm, community gardens, and monthly farm field trips

WHEN:

Applications Due: **March 7 (Spring), May 23 (Summer), August 8 (Fall)**

Sessions:

- **Spring into Farming** March 30 - June 4 Wed & Fri 4-7pm, Sat 8-2
- **Summer on the Farm** June 15 - August 20 Wed, Fri, Sat 8-2
- **Fall for Farmers** August 31 - November 5 Wed & Fri 4-7pm, Sat 8-2

APPRENTICESHIP OR INTERNSHIP?

Apprentices are paid a small stipend for all three sessions, and commit to 12 hours/week in Spring and Fall, and 20 hours/week in Summer. Field trips to other farms are included.

Interns are unpaid and have less time commitment than apprentices. Interns are invited to attend all sessions, but must find transportation to and from the farm and for field trips.

WHAT YOU GET:

- Monthly **stipend** (apprentices only) and weekly fresh **vegetables**
- Extra income from sales of vegetables, flowers, herbs
- Hands-on** farming and business management skills
- Culinary and nutrition training
- Connection with other teens and local farmers
- Certificate** for each completed training session
- Opportunities, resources and land to **manage your own farm or garden project**

Download an application from www.FoodShuttle.org or pick one up at 1001 Blair Drive in Raleigh
Email completed applications or questions to Mitra@FoodShuttle.org

Inter-Faith Food Shuttle pioneers innovative, transformative solutions designed to end hunger in our community

www.FoodShuttle.org 919-250-0043